

# THE ULTIMATE SPRAY TANNING GUIDE

**15** TIPS FOR AN INSTANT, NATURAL-LOOKING GLOW THAT HELPS YOU APPEAR MORE TONED AND BOOSTS YOUR CONFIDENCE!



THIS WAY To The Beach

BO *tan*ICAL  
*glow*  
by Virginia

# *The Ultimate Spray Tanning Guide*

15 Tips for an instant, natural-looking glow that helps you appear more toned and boosts your confidence!



## 1 What is the process?

Your entire appointment will take 15 minutes max! You will undress to whatever level you feel comfortable (bathing suit, underwear, nude) and I will manually spray you with our organic solution to give you an even, flawless tan.

## 2 How do I prep?

Shower, shave, exfoliate, and moisturize 8-12 hours before your appointment. Waxing should be done 24-48 hours prior to your appointment. You may wear deodorant and wipes are available for make-up removal.

## 3 What do I wear?

Wear something casual and lightweight like a maxi dress, beach cover-up, or sweats and a t-shirt. Avoid tight clothing such as denim or yoga pants.

## 4 How long do I have to wait until I can get dressed?

You can get dressed immediately! No joke! Our solution is wearable which means you can go about the rest of your day without feeling sticky or uncomfortable.

**5 How long do I wait to shower?**

After your appointment, you will need to wait 12 hours before you can shower or sweat. We do have an express option that will allow you to shower in 4-6 hours.

**6 How long does it last?**

With proper care, your spray tan can last 10-14 days! Make sure you drink a lot of water and moisturize your body with a thick body butter. Avoid scrubbing your skin, hot baths, prolonged swimming, and products with citrus, alcohol, and mineral oil.



**7 Will I be orange?**

Absolutely not! This solution is orange-proof!

**8 Does your solution stink like most other spray tans?**

Not at all! My solution smells like a pina colada.

**9 Will I look unnaturally dark?**

No. Our solution is specifically formulated to react with your own natural skin tone. You will get several shades darker, but never darker than what you could naturally attain in the sun. No one will ever guess it's from a spray tan!

**10 Will it stain my hair and/or nails?**

No...and you don't even need barrier cream or a hair net. Go ahead and get your mani/pedi done before your spray tan appointment. We don't want your legs getting their tan scrubbed off!



**11 I have an event coming up that I would like to be tan for. When should I book my appointment?**

You will want to get your spray tan 2-3 days prior to your event.

**12 How often can I get a spray tan?**

In order to avoid build-up, it's important to always have a fresh palate. I recommend waiting 14 days in between spray tans and you always want to scrub off any old spray tan.

**13 Can I use self-tanner to prolong the life of my spray tan?**

Absolutely! We have a self-tanner that you can begin to use once your spray tan begins to fade or a tanning booster that is safe to use daily.

**14 Is it safe for pregnancy?**

Yes. Our solution has no added dyes, cosmetics, or fragrances.

**15 Is it safe for sensitive skin?**

Yes. There are no harsh ingredients. All ingredients are plant-based botanicals.

## *About BoTANical Glow*

By Virginia



We use the Beettan formula which is a one-color organic solution made from sugar beets made right up the road in Savannah, GA. I love that Beettan really does give the perfect glow every time. As someone who loves quality skin care, Beettan was the perfect fit. Unlike most spray tans that are orange, sticky, and smelly, I can provide a clean beauty spray tan that helps my clients feel confident, beautiful, and good about what they are putting on their skin.

When you walk into BoTANical Glow, you feel like family. I'm the luckiest gal in the world to be able to form relationships with my clients. Your experience should be luxurious just like your spray tan. Getting a spray tan can be vulnerable so we make sure to provide you with everything you need for a relaxed and comfortable VIP service.

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